



Naradhan Public School & Community Newsletter

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Kooba St Naradhan NSW 2669

WEEK 9 TERM 4

Friday 3 December 2021

Proposed strike day Tuesday

Dear parents and carers

The department is currently negotiating a new Award with the Teachers Federation with the help of the Industrial Relations Commission. The Industrial Relations Commission is the official place where pay negotiations take place in NSW.

The Industrial Relations Commission has ruled any industrial action by the NSW Teachers Federation is illegal while negotiations are underway, and the department is urging them to call off any industrial action including the proposed 24-hour strike on Tuesday 7 December.

As a result of the strike our school will be providing minimal supervision of students on Tuesday 7 December. This means the cohort arrangements that have been in place this term will not be in operation. However, our school will still operate in a COVID-safe manner in accordance with NSW Health guidelines.

We are doing all we can to resolve this dispute with the Federation.

The current Teachers' Award expires on 31 December 2021. Rather than wait for the outcome of an arbitration decision by the Industrial Relations Commission in May next year, the department intends to offer a 2.5% salary increase for teachers and related employees as soon as the current Award expires, ensuring our staff don't miss out. This is the maximum amount allowed per annum under the Industrial Relations Act.

We appreciate your patience and understanding during this disruption, especially given the challenges we have all faced this year. We will keep you updated on further developments as they come to hand.

education.nsw.gov.au

Doin' it for Rural Aussie Kids

Entertainer Jason Owen will visit the school next Tuesday with the charity Doin' it for Rural

Aussie Kids, set up by he and his wife. We are looking forward to talking to him about growing up in the country and how we aren't limited by anything.



School Swimming Scheme

Because our scheme was cut short a day due to bad weather, we will conclude our school swimming scheme on Thursday 16 December. A note has gone home to parents. Please return to school by next Tuesday 7 December.

Graduation Day

Tuesday 14 December will be our Graduation Ceremony day.

Details have been sent home—please RSVP as soon as possible.

Term 4 Assembly

Our Term 4 assembly will be held at school on Monday 13 December. While we cannot invite parents to this event we will video the presentations to upload to either our website or our Facebook page.

Thank You

Big thanks to Bill Parris for his assistance in fixing our bikes. You're a legend, Bill.

Thank You

Thank you also to Foodworks, Lake Cargelligo, who kindly donated some stationery items to the school—very much appreciated.

Thank You

To Anita Parris, for bringing iceblocks from her own freezer when the SRC stockpile ran low this week.

P & C meetings are held on the second (2nd) Monday of every Term at 3.15pm.

Students of the Week



Above: Congratulations to our Primary Student of the Week for Week Nine: Ruby Brown for helping teachers and others.



Above: Congratulations to our Infants Student of the Week for Week Nine: Matilda Morris for helping others.

WHAT IS ANXIETY?

Has your child been complaining of

FEELING SICK? DIZZINESS? TIGHTNESS IN CHEST?

This may be because they are having unpleasant feelings as well as worried thoughts. Also known as anxiety.

TRY SOME SOOTHING STRATEGIES

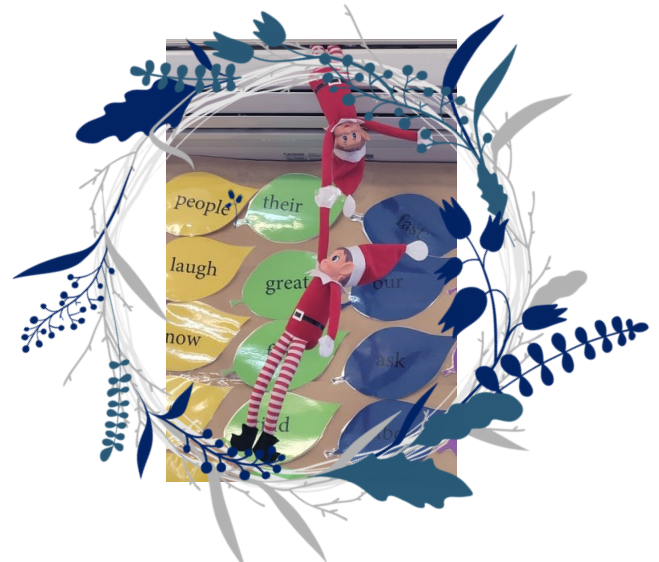
- Allow your child to name what they are feeling.
- Drawing/writing their worried thoughts in a happy ending.
- Take them to their calm space.
- Get them to say "I am Terrific!" 10 times out loud.
- Practice breathing exercises.
- Give your child a hug and tell them you love them.

FOR MORE INFORMATION CONTACT YOUR SCHOOLS GOT IT! CLINICIAN



Look who popped up in our classroom!

We have been getting a surprise every morning as we enter the classroom as we seem to have two visitors from the North Pole! Glitter Girl arrived first, but today, she brought along her friend, Star Boy. She found him stuck in the air conditioner vent!

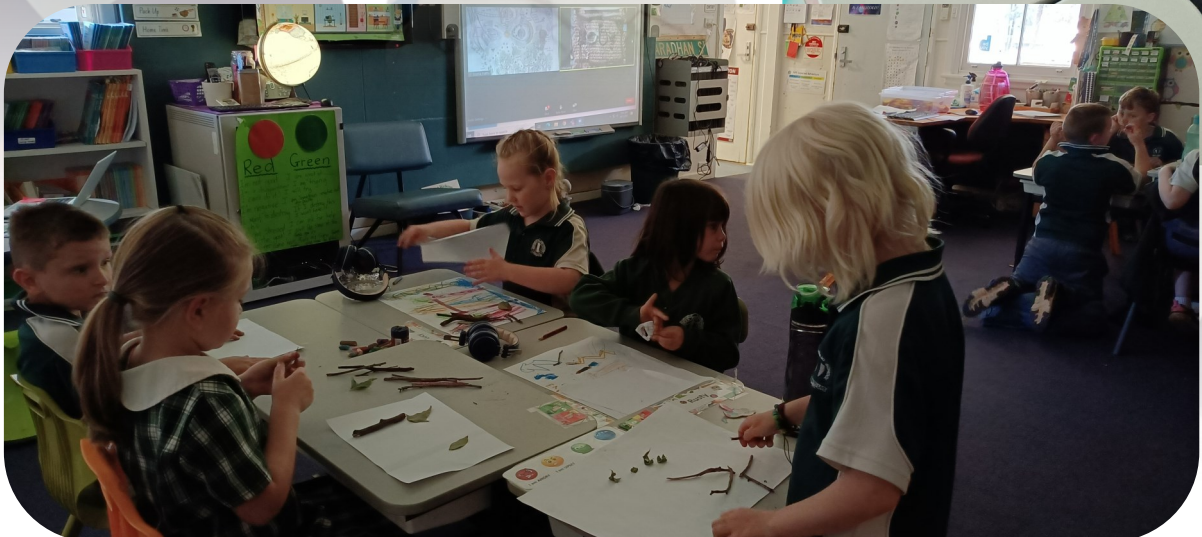


DART Zoom Geography/Science project...



We had a very interesting Zoom session on geography/science during the week with the Kamay Botany Bay Environmental Education Centre through DART Learning.

We'll have another Geography Clue Busters session on Monday.



Surf Lifesaving Australia—Safety in the Water session



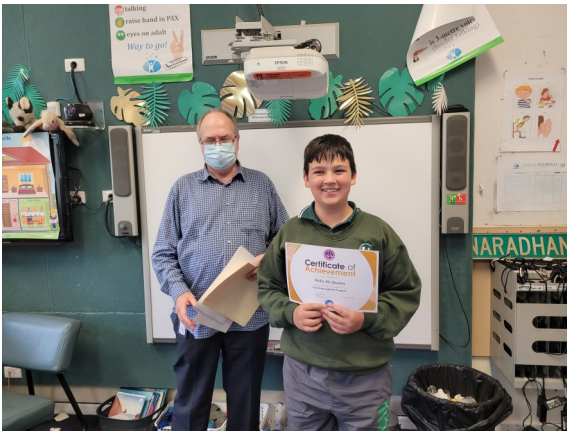
We learnt a lot about safety in the water from Surf Lifesaving Australia who Zoomed into our classroom this week.



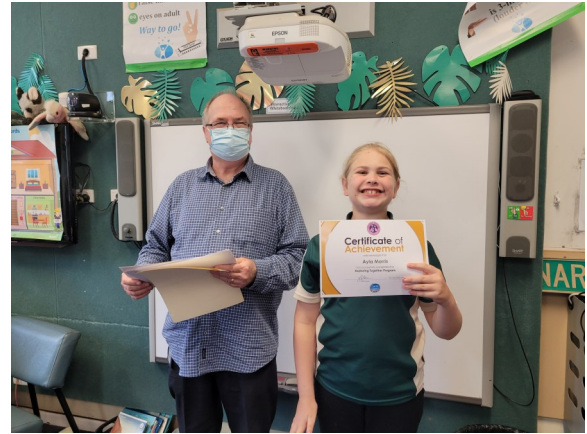
Above and Below: Miss Georgie and Ms J demonstrated some safety techniques...



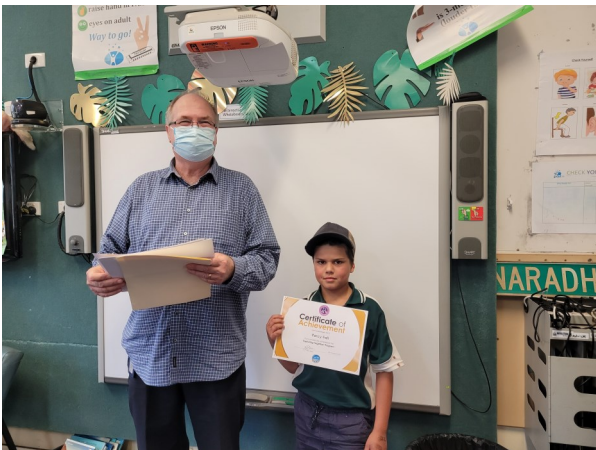
Final day for students in the Got It Program...



Reily



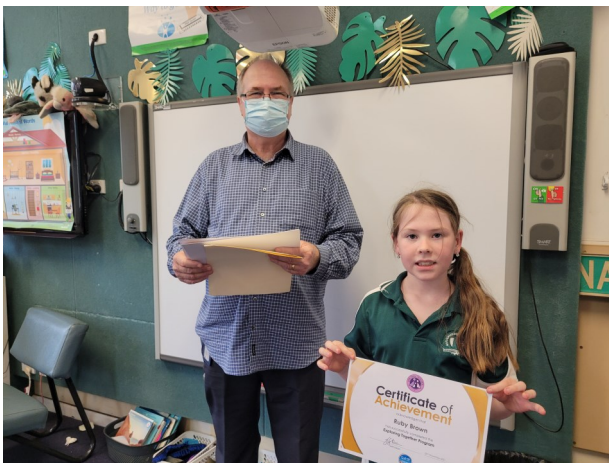
Ayla



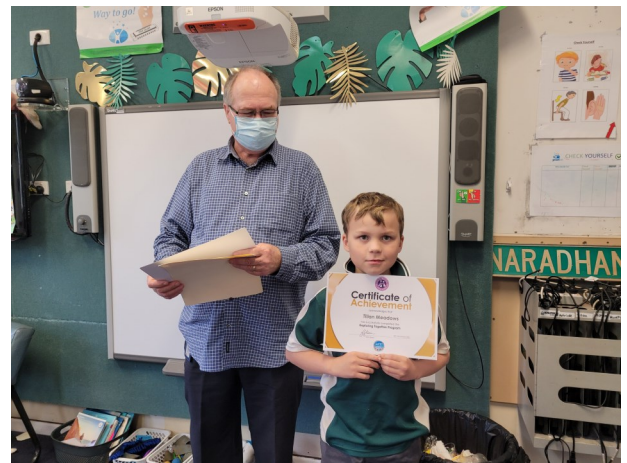
Percy



Gemma



Ruby



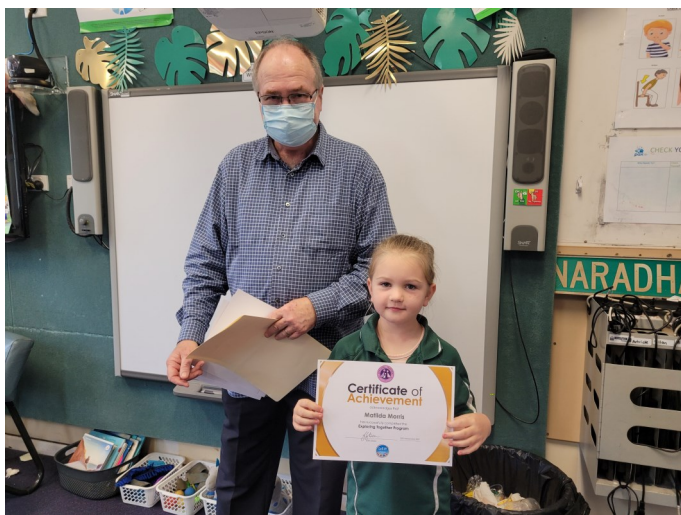
Tillan



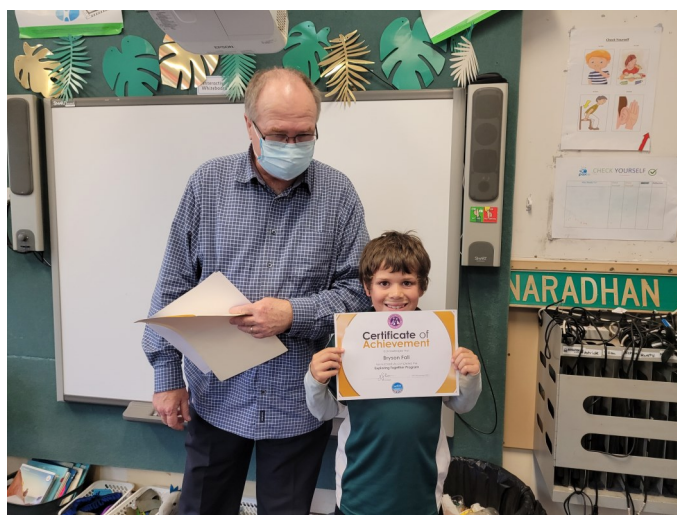
Michael



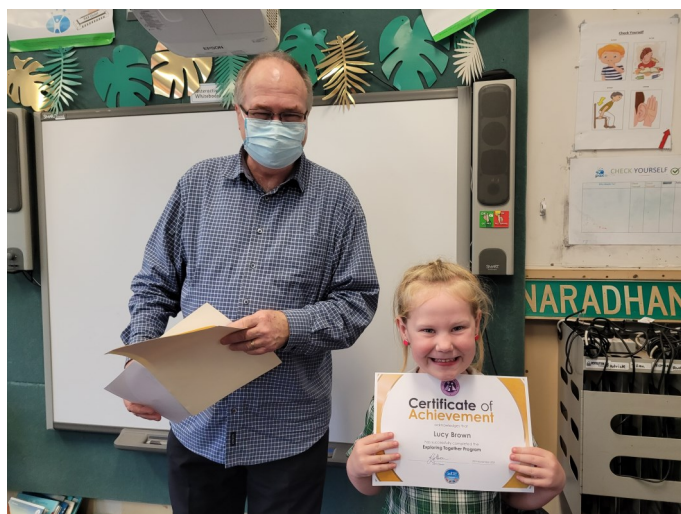
Rusty



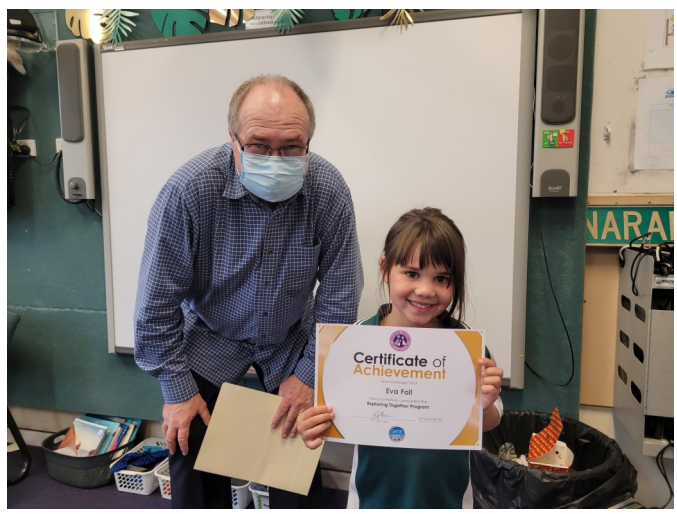
Matilda



Bryson



Lucy



Eva



Mr Dean helped the students celebrate their completion of the Got It program by bringing along cupcakes made by Mrs Dean.

Thank you Mrs Dean!

They were delicious!

Educational Sandpit play...



Above: Ayla, Eva, Michael and Bryson making a starfish.

Far right: Percy, Tillan and Patrick with their creation.

Right: Reily, Ruby and Michael



Above: Reily, Ruby and Gemma hard at work.

Right: Lucy, Matilda and Rusty worked well together.





CRICKET BLAST

IT IS YOUR TURN TO HAVE A BLAST

School Holiday Program
POWERED BY THE SYDNEY THUNDER

Search: Sydney Thunder Holiday Program - Griffith
January 21st 2022 9am to 3pm Exies No 2 Griffith
Kelly Meddings 0478285761 kelly.meddings@cricketnsw.com.au
Boys and Girls Aged 5-12 Arrive 8.45am
Cost \$59 includes participant pack

SEARCH SYDNEY THUNDER HOLIDAY PROGRAM & FIND YOUR LOCATION OR OTHER LOCATIONS NEARBY





GRIFFITH


REFEREES SKILLS CLINIC

for new and existing referees

open to males and females, aged 13 and over*




Join NSWRL Officiating Development Co-ordinator and former NRL referee Gavin Badger for a FREE skills clinic

 Sunday 5 December 10.30am-1pm
Leagues Club Park, Jondaryan Ave, Griffith

Click here to register

*COVID-19 protocols apply in line with NSW Govt Public Health Orders
Participants 16 years and over require proof of double vaccination

nswrl.com.au



Happy Birthday

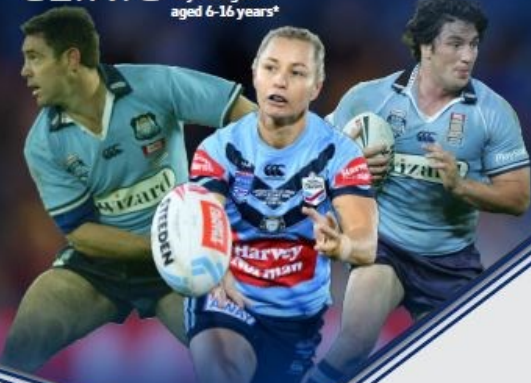
Happy birthday to Chelsea Thomas for December 9

Wishing you all the very best for your birthday enjoy your day



GRIFFITH

NSWRL HOGS CLINIC

Open to boys and girls aged 6-16 years*



Join Brydens Lawyers NSW Blues Head Coach Brad Fittler and Harvey Norman Sky Blues Head Coach Kylie Hilder and the Hogs crew for a FREE coaching clinic this summer!

  Sunday 5 December 3.30-4.30pm
Solar Mad Stadium
Coolah St, Griffith

Click here to register

*COVID-19 protocols apply in line with NSW Govt Public Health Orders

nswrl.com.au

16 November 2021

CAMPAIGN LAUNCH – LHAC RECRUITMENT DRIVE

Applications have opened for the 2022 intake of volunteers to join the Local Health Advisory Committees across the Murrumbidgee District.

LHAC members come from all walks of life and have varying interests, but what unites them is that they are strong and vocal advocates who have their community's best interest at heart. Their opinions, concerns and ideas about what matters most to local people contributes enormously to health service planning and sustainability.

LHAC members share a desire to ensure successful and sustained health services that will meet the future needs of people in their region.

"It's really important that LHAC volunteers have a wide and varied range of interest that they bring to the table," said MLHD Community Engagement Manager Setchen Brimson. "We are particularly looking for people who are well connected in their local area and can speak with people from all different backgrounds to get a real sense of what's going on in their community, and where the needs and gaps are."

"What's most important is that LHAC members can give consumers in their region a voice that is heard, and they can play a pivotal role in informing health providers in making changes to future services."

There are 33 LHAC across the Murrumbidgee region, stretching from the Snowy Mountains in the east to the plains of Hillston in the northwest and all the way along the Victorian border. Each LHAC plays a role in helping to inform decisions that are made in primary and acute care by advocating for health consumers in their area.


LHAC members meet once monthly and consist of around seven community members, a clinical representative and a staff representative from MLHD. The committees are supported by the Murrumbidgee Local Health District (MLHD) and the Murrumbidgee Primary Health Network (MPHN) and are provided with funding opportunities to work on projects which align to the strategic direction of both organisations.

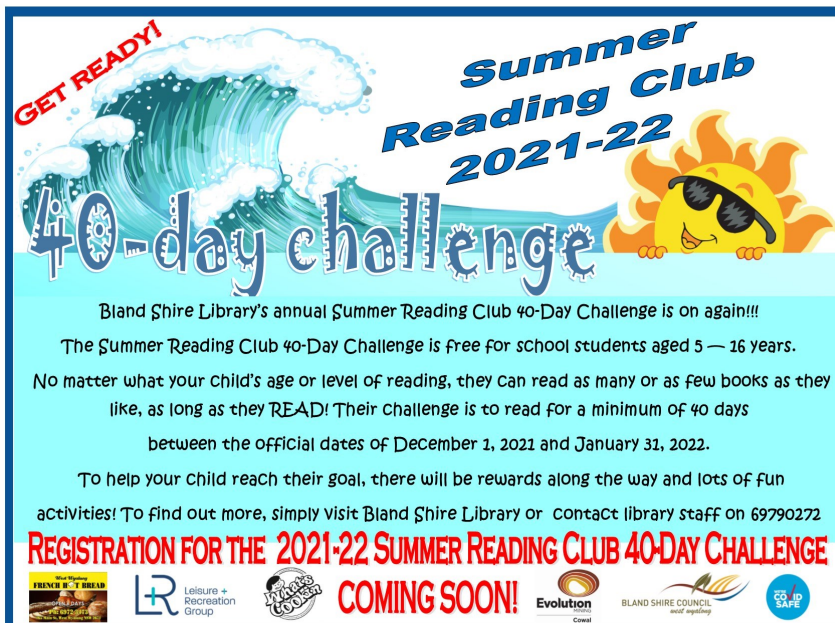
LHACs work with the MPHN in areas such as understanding the primary care needs of people in their region. They participate in health needs analysis, community led planning, conversations on the couch and other co-design opportunities to ensure that community interested and concerns are taken into consideration when planning to provide service delivery.

MURRUMBIDGEE LOCAL HEALTH DISTRICT

Tel. 02 5943 2009 Mob. 0412 324 122 Email. MLHD-News@health.nsw.gov.au

[@MurrumbidgeeLHD](#) [/MurrumbidgeeLHD](#) [@Murrumbidgee_LHD](#) [/MLHD](#) YouTube [/MurrumbidgeeLHD](#)

 - 24 hour health advice and information you can count on 1800 022 222.



GET READY!

Summer Reading Club 2021-22

40-day challenge

Bland Shire Library's annual Summer Reading Club 40-Day Challenge is on again!!!

The Summer Reading Club 40-Day Challenge is free for school students aged 5 – 16 years.

No matter what your child's age or level of reading, they can read as many or as few books as they like, as long as they READ! Their challenge is to read for a minimum of 40 days between the official dates of December 1, 2021 and January 31, 2022.

To help your child reach their goal, there will be rewards along the way and lots of fun activities! To find out more, simply visit Bland Shire Library or contact library staff on 69790272

REGISTRATION FOR THE 2021-22 SUMMER READING CLUB 40-DAY CHALLENGE

COMING SOON!

Logos: Bland Shire Library, Leisure + Recreation Group, Evolution, Bland Shire Council, COVID SAFE

Church Notices

Lake Cargelligo Anglican Church

Sunday December 5 (Advent 2)

9 am @ Lake

10.30 am @ Tullibigeal

Current COVID rules apply

Naradhan Public School would like thank
our generous sponsors



For the best local service, right advice & quality products

Talk to us at AGnVET Services Lake Cargelligo for all your cropping, agronomy and livestock needs.

James O'Connor Manager / Agronomist 0400 310 777
Frank Hanily Livestock Sales & Real Estate 0429 981 206
Holly Wilson Merchandise 6898 1205

AGnVET Services

9 Foster Street, Lake Cargelligo
Email: lakecargelligo@agnvet.com.au
www.agnvet.com.au

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Terrappe GROUP

WORK HARDER FOR LONGER



Country Holistic Counseling

Fiona Hart
Holistic Counsellor
Meditation Teacher
Reiki Practitioner

M: 0427 969 842



Do you have a child entering or resuming tertiary or vocational study in 2022?

If you answered Yes... then become a member of the
Isolated Children's Parents' Association – Rankins Springs Branch
This gives your child the opportunity to apply for our Tertiary Bursary

Membership Fee:
\$80 per family
Contact: Dee Wilkes –
Bowes
Phone: 0427 006 404

TERTIARY/VOCATIONAL BURSARY

One **\$500** Bursary to assist with tertiary study costs is available for 2022.

This is made possible by the fundraising efforts of the Rankins Springs Branch of ICPA.

APPLICATION PROCESS

Eligibility Criteria:

- The Bursary is only available to students enrolled to study at a University, Country University Centre (CUC), TAFE or Agricultural College in 2022. This includes Apprentices.
- The applicant's parents **MUST** be current financial members of the Rankins Springs Branch of ICPA.
- Applicants must be undertaking a full time Degree, Diploma or working towards a Certificate IV through an Apprenticeship.

Application Criteria - Must include the following information:

- Cover page to include name and contact details – residential address, phone number and email address.
- Year 12 Results/ROSA Certificate.
- Proof of enrolment into chosen course of study.
- Two written references attesting to the students' character, only one can be school based.
- Resume of interests and achievements other than academic (Eg. sporting, cultural, community etc.)
- Brief statement explaining career goals and personal/family circumstances demonstrating financial need.
- Brief explanation on how the Bursary will be spent. (Eg: University/CUC students may choose to pay for first semester books or fees, an apprentice may choose to pay for tools etc.)
- Students undertaking a gap year are also eligible to apply. However, the Bursary funding will commence in the year of study.
- Applications must be submitted in PDF format.
 - Applications close on 30th January 2022.
 - Submit to: The President, Rankins Springs Branch of ICPA
 - Email: akjohnston@esat.net.au
- Applications must be submitted by email to the above address by the due date.

SELECTION PROCESS

- The Selection Process is to be based on, but not limited to, the above Eligibility and Application Criteria.
- An independent Selection Panel will be formed to assess all applications. The Panel has the right to privacy.
- Presentation of the Bursary will take place in March 2022 at a time to suit the recipient.
- Photos & articles of the award winner will be made available to the media and the ICPA.

Do you have a child entering or resuming tertiary or vocational study in 2022?

Rankins Springs Branch of the Isolated Children's Parents' Assoc (ICPA) is offering one Tertiary Bursary of \$500 to a student who is enrolled to study at University, a Country University Centre (CUC), TAFE or Agricultural College in 2022 and includes Apprentices. Students undertaking a gap year are also eligible to apply, however the Bursary funding will commence in the year of study.

The Bursary is offered to assist students with costs associated with their studies Eg: university students may choose to pay for first semester books or fees, or an apprentice may choose to pay for tools or travel costs.

Information about the bursary is on the previous page or please contact the Rankins Springs ICPA President, Kerrie Johnston, at akjohnston@esat.net.au or 0428 661 335 for a copy of the Application Criteria.

Applications close on 30 January 2022 and will be awarded in March 2022.

Lunch Box Mix & Match

Choose one item from each section. Mix and match each day!

Fruit		Vegetable	
Apple	Rockmelon	Carrot sticks	Snow peas
Orange	Honeydew	Celery sticks	Capsicum sticks
Grapes	Kiwi Fruit	Cucumber sticks	Asparagus spears
Strawberries	Mandarin	Baby corn spears	Artichokes
Banana	Peach	Cherry tomatoes	Salad
Blueberries	Nectarine	Fennel pieces	Broccoli florets
Watermelon	Plum		

Main	Dips for Fruit and Veg*
Chicken & avocado wrap	Guacamole
Tin tuna & salad	Salsa
Boiled egg & salad	Hummus
Rice paper rolls*	Ricotta & sweet chili
Mini quiche	Spicy pumpkin dip
Corn on the cob	White bean dip
Left overs	Spinach dip
Fried rice	Banana & ricotta dip
Sushi (nori rolls)*	Cinnamon & yoghurt
Lean ham & salad wrap	Ranch dressing dip
Zucchini slice*	
Stuffed baked potato*	
Tuna slice*	
Soup	
Chilli con carne	
Spaghetti bolognese	
Risotto	

Snack
Yoghurt
Cubed cheese
Rice crackers
Popcorn
Fritters*
Apple & cinnamon balls*
Nut-free trail mix*
Homemade sweet potato crisps*

A Bottle of Water

All foods marked with an asterisk * have a recipe available in the Mix & Match recipe booklet.
Produced by MHD Health Promotion

NSW GOVERNMENT

NSW Health **MAKE HEALTHY NORMAL**

What to pack for Crunch&Sip®

It's simple!

Crunch&Sip means vegetables, fruit and water only.

Sometimes

For more information on Crunch&Sip, download the parent brochure from the Crunch&Sip webpage: www.healthykids.nsw.gov.au/campaigns-programs/crunchsip.aspx

Healthy Kids Association

Upcoming Events

Term Four 2021

Week	Monday	Tuesday	Wednesday	Thursday	Friday
10	6 December	7 December 9am—visit from Jason Owen—"Doin' It For Rural Aussie Kids"	8 December	9 December	10 December Reports sent home
11	13 December Term 4 Assembly— not open to visitors	14 December Graduation 2pm	15 December	16 December Last Swim Scheme morning @ Lake Pool LAST day of the School Year for students and staff	



Term One 2022

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1				3 February School Development Day—Staff Only	4 February School Development Day—Staff Only
2	7 February School Development Day—Staff Only	8 February Students return for 2022	9 February	10 February	11 February
3	14 February Small Schools Swimming Carnival @ Lake Pool—hosted	15 February	16 February	17 February	18 February